Trust Exhibit M

Universal Care®
Healthcare you can feel good about.

Corporate Offices:
1600 East Hill Street
Signal Hill, CA 90755-3682

Mailing Address:
P.O. Box 93122
Long Beach, CA 90809-3122

562 424-6200
800 635-6668

Premium Rate Schedule

PACIFICA OF THE VALLEY CORPORATION,
DBA PACIFICA HOSPITAL OF THE VALLEY

Group #:
6616A*02, 6616A*T122, 6616A*Z122

Effective Date:
January 1, 2003

High Option-M (HOM)
High Option Point of Service 122-M (HO122M)

Description	HMO Rate	POS Rate	Total Rate
Employee Only	223.41	120.05	343.46
Employee and Spouse	469.16	252.10	721.26
Employee, Spouse, and Child(ren)	714.91	384.16	1,099.07
Employee and Child	614.38	330.14	944.52
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Run Date 8/25/03